THE AMOUNT AND THE AM JIVIAN MARTIN'S COKINGO

No. 30. Beefsteak Rolls.

"A man is as young as he feels, I still eat beefsteak rolls with as much relish as I did half a cen-tury ago," said Herbert Standing, the veteran character actor at the Morosco studios. Mr. Standing is the father of seven sons, all of whom are successful motion picture actors. Although well on in years, this silver-haired character man is still very active to the ex-tent of appearing in two different photoplays at the same time. At present he is playing in two different pictures and uses his highpowered motor to rush him from one "location" to another, at the same time changing his make-up while enroute. The fact that Mr. Standing still eats beefsteak rolls, and plenty of them, without the aid of a silver-lined stomach, would readily bear out his inference as to his youth. "Your beef-steak rolls are fine and I shall be glad to commend them to anyone," graciously replied Mr. Standing when I advised him that I would give my recipe for his favorite dish in this department. In lieu of this endorsement from one who has had occasion to put me to the test I feel no hesitancy in asking that you give the following a trial:

Use thin slices of steak from the upper part of the round. For stuffing I use regular poultry dressing, namely, one quart of stale bread crumbs, salt, pepper and dried thyme to season, together with one-half cup melted

KEEPING HOUSE.

the wonders of her "very own house"

with such conscientious thoroughness

that many sordid and somber happen-

ings in the kichen region had escaped

Cora Temple had never been the

mistress of servants before. In New

York she had had a neat and amiable

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Infants and Invalids
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MALTED MILK

Rich milk, malted grain, in powder form For infants, invalids and growing children.

Invigorates nursing mothers and the aged.

More nutritious than tea, coffee, etc. Instantly prepared. Requires no cooking.

Substitutes Cost YOU Same Price

Woman's Page

Zoe Beckley's Story-Paraffin Oil Added to Shoe Polish Pre-

vents Leather From Cracking-Cover New Shoes With

Lemon-Pockets on Hips Here to Stay-Few Ways

of Serving Canned Tomato Soup.

The Temples' life in their new home and went home each night. In this

had thus far been so keyed up, first grand new establishment at Colony

with sheer novelty and then with the Park it seemed necessary to have a Woodfords visit, that it took quite a cook and a general housemaid. Mrs. spell of everyday housekeeping to step Temple was as sensible as the next

It down to normal. Cora had been woman, but she was a young wife in-

so occupied in getting acquainted with experienced in dealing with fat cooks

that she saw nothing but the delights ondly stay me month out. I wudden't

of managing it. She had played the live in this place if ye paid me tin

her eye. For instance, there were the of earshot of Bridget, and called the

dollars, please

hostess to Beth and Tom Woodford times the wages."

butter. Pound the steak a little and spread the dressing over it, sprinkling with a litte salt, pepper and a few bits of butter. Lap over the ends and roll the stak up tightly, tying closely. Spread two large spoonfuls of butter over the rolls and then wash with a wellbeaten egg. Bake in pan the same as you would a duck, basting of-ten. A half hour in a hot oven be sufficient. Prepare a brown gravy and serve hot.

Broiled Steak.

"Nothing pleases my palate more than a nice broiled steak accompanied by Saratoga chips and some lettuce and tomato salad," exclaimed big Howard Davies, the famous Pallas-Paramount "vil-lain." "No frill dishes for mine; just plain food is all my stomach desires," added he. I hope to have an opportunity of serving "Hand-some Howard" with his favorite menu some time in the near fujust by way of giving him occasion to pass upon my ability in preparing a broiled steak made up

Trim and wipe steak, which should be at least one-inch thick Rub broiler with fat, arrange steak with thickest part in center of broiler. Have fire clear and very but without blaze. Hold steak close to fire. Turn every When half done season quickly. with salt and pepper. steak will broil in four minutes.

colored maid who came each morning

who said, "I'm givin' notus, mum. I'll

So, when this very thing happened

Cora, undismayed, went cheerfully up-

stairs to her bedroom telephone, out

enced woman the morning Bridget

Two days before Bridget's departure the general housemaid, Annie,

appeared in Cora's sewing room "I'm leavin' when Bridget does, mum." she remarked quite casually. "She's the

only one I know out here, and I don't

like the country, anyhow. It's lonely

Certainly, they would also send

station to get the new pair who were

to arrive on the 9.12. They did not

"But we sent them to you," said the

intelligence office. Our messenge actually saw hem on the train. Some

body on the train who was looking for help must have offered them high-

er wages and induced them to go

Three dollars please.

and it costs me twenty cents every

Sorry she didn't suit, etc. Three

ten do that. Very sorry, We'll send two more tomorrow." Next morning the office telephoned

that they were very sorry indeed, but could find no suitable servants to send. In a few days probably—But Cora said never mind, she'd get help from another office.

The full said that the fine at least twice.

"Do I understand, my man," said the magistrate at one point, "that the defendant hurled invectives at you?" teners.

She called four in succession. One er could furnish a woman with a baby if Madam didn't mind the baby. It was so hard to get workers for out-oftown houses, etc., etc.

That night David Temple came home to find his wife, hot and dis-heveled, busy over the kitchen fire, as she had been now every evening for nearly a week. She tried to laugh and take it as a joke. But when you have cleaned an eight-room house made the beds, cooked, washed the dishes, gone to market, seen the ice-man, the grocer's boy, the milkman, answered seven telephone calls kept an engagement, received callers, fought with the laundry man over a wrong bill and a dozen other household miscellanies you are tired, whether you are cheerful or not

And Cora, who had got her first experience as a suburban housekeeper, was so tired that she fell asleep in her chair after David had helped her do the dishes "I'll attend to it tomorrow," said David as his wife climbed wearily to bed. There must be a way of getting servants.

SOME TIPS ON SHOES.

Boots or shoes, however, damp, will blacking. This also prevents the dented bloodshed, not honorable leather from cracking.

If new shoes will not take on a

the great French syndicate dares to applause was given, eliminate them and one of the Paris the soft silk lined and decorative hip

A FEW WAYS OF SERVING CANNED TOMATO SOUP.

1.-Mix one half teaspoon baking soda to contents of can, bring to boiling point, add equal quantity of hot

2.-Toast or fry cubes of bread and serve a few in each plate of soup. 3.-Prepare same as No. 1, but serve in cups topped with tablespoon of stiffly whipped cream when serv

-As a cocktall, dilute with equal quantity of water, add horseradish and a little paprika. 5.-With cheese, same as No. 1, but

serve small quantity of American cheese grated over surface of each plateful. 6.-With the addition of noodle

parsley or celery is enjoyable, and last as a sauce for pork or yeal chops, made by adding one-half pint water, intelligence office in the city. Cer- two tablespoons flour, one of butter, tainly, they would send an experi- boil two minutes.

time I go to the movies in the next town-ten for the trolley and ten Several thousand persons gathered in City Hall park last night and lis-Cora didn't wait for the finish. She tened to a splendid concert, given by sician. If girls who are troubled with the Ogden Municipal band. The ocagain used her bedroom telephone. casion also marked the introduction ousemaid, well recommended. Sorry of lady vocalists to participate in the Annie wouldn't stay. Young girls programs. Miss Elsle Shorten was don't like to work in the suburbs. the soloist and her programed num. Lydia E. Pinkham's Vegetable Com-According to schedule, Bridget and Annie departed with their oilcloth West," was received with such hearty from roots and herbs, much suffering applause that she responded with an might be avoided. suitcases and Cora drove down to the

The band program was of varied types of music, each of which was Co, Lynn, Mass (confidential) for free well chosen, excellently played and sovice which will prove helpful, well received.

OH, THE LANGUAGE!

men and had to have everything ex. with intense interest. The rules and

The plaintiff scratched his head of them could send a first-class cook wildly. Then slowly a look of under- officer will give a talk in the Tabfor \$35 a month, but had no maids standing dawned in his eyes as he ernacle on Russian subjects. Presi-who would go to the country. Anoth-replied:

"No, sir. To tell the truth, it was the lecture. only bricks as he threw at me; but wot I complain about was the terrible way he swore at me when they missed"-Answers.

The seating capacity of Alhambra ernoon by an audience that proved in sympathy with the word picture dehis escape from the underground prison of Siberia at hazardous odds

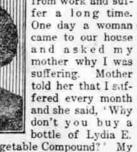
The speaker has an attractive stage appearance, and an effective delivery. When he announced that he intended polish in a few minutes if a drop or speaking on the present great warwo of paraffin oil is added to the great from a standpoint of unprecelemon and leave until thoroughly dry. that if he were called on to decide If a boot or shoe pinches in any the war he would take the Kaiser, particular part, a cloth wrung out Czar, King of England, Sultan or Tur-over very hot water and laid over the key and Emperor of Austria-Hungary spot while the shoe is on the foot line them up in a row and give the will expand the leather and remove signal to "go to it," and not call a responsible for the optimism and con-the pinch. responsible for the optimism and conwith General Sherman's definition of POCKETS HERE TO STAY. war. Such a procedure, Lieut Swart-Whatever may be the fate of other zopensky believes would destroy the port from both Democrats and Repub-

> A picture of the Siberian prisons.
>
> Senator Bamberger facetiously dethe Russian courts, the march to the clared that he was seriously considerthe present war, were so effectively

GIRL COULD

How She Was Relieved from Pain by Lydia E. Pinkham's Vegetable Compound

Taunton, Mass. - "I had pains in both sides and when my periods came I had to stay at nome from work and suffer a long time. One day a woman came to our house and asked my mother why I was



Pinkham's Vegetable Compound?' My mother bought it and the next month I was so well that I worked all the month without staying at home a day. I am in good health now and have told lots of girls about it."-Miss CLARICE MORIN, 22 Russell Street, Taunton, Mass.

Thousands of girls suffer in silence every month rather than consult a phypainful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion would take "The Little Gray Home in the pound, a safe and pure remedy made

Write to Lydia E. Pinkham Medicine



A PRETTY WEEK-END BLOUSE.

A Russian blouse like this one will The blouse is made of white voile with eke out the week-end wardrobe considerably for it may be worn over a white linen morning skirt or a more leiaborate silk skirt in the afternal ward white detted and the gride of the size of the size

It had been a very tiring case for everybody concerned. The plaintiff on the memory of the large audience, and the defendant were both country. who listened for nearly two hours

Next Tuesday night the Russian

NOW ORGANIZING

Salt Lake, Aug. 21.-Mathonihah Thomas, the new Democratic state chairman, took the initial step toward fulfilling the duties of his new office yesterday morning when he met with some of the candidates and discussed plans for the coming campaign. The tentative selection of committees and other steps toward effecting a permatheater was fully taxed yesterday aft- nent organization took up the greater part of the time, but no definite ac tion was taken. The matters are to given further consideration within livered by Lleutenant M. Swartzko- the next two or three days, and it is pensky, the Russian exile who made expected that everything will be in working order by the latter part of the week

Among those wha attended the meeting, besides Mr. Thomas, were Judge William H. King, candidate for the United States senate; Simon Bamberger, candidate for governor Harden Bennion, candidate for secre tinction—the audience settled into complete quietness, which showed with what was accompled to their interest in the complete complete and their interest in the complete complete quietness. tary of state, and Dan B. Shields, polish, rub them over with half a their interest in the subject. He said meeting and as confident of the success of the Democratic state ticket at the November election. Congratulations Pour In.

Although harmonious in every spect the meeting was not entirely Letters and telegrams of congratulafashions, the pockets, which we have grown to count upon this summer, are to remain indefinitely. Not even he made this statement, a crash of are some cause and, as a natural consequence, licans in all sections of the state have been showered upon the candidates since early Saturday morning. Mr. Thomas says.

women dressmakers has actually in-, the Russian courts, the march to the draw women dressmakers has actually in-, the Russian courts, the march to the draw women dressmakers has actually in-, the Russian courts, the march to the draw women dressmakers has actually in-, the Russian courts, the march to the draw women dressmakers has actually in-, the Russian courts, the march to the draw women dressmakers has actually in-, the Russian courts, the march to the draw women dressmakers has actually in-, the Russian courts, the march to the draw women dressmakers has actually in-, and of Asiatic exile and an idea of ling the advisability of diverting one of his motor trucks from express to mail service to handle his personal mail for the next ten days.

The Democratic candidates say the are confident that the difference between the Democrats and Progressives of the state will be satisfactoriadjusted and that the two parties will co-operate to the fullest extent in the coming campaign. Whatever difference may be, the Democratic nominees believe they were brought about through a misunderstanding and that there is no real cause for alarm.

ARRESTS CAME AS A BIG SURPRISE

Salt Lake, Aug. 21 -Officers of the Intermountain Pural Credit associa tion of this city are much exercised over the arrest at Caldwell, Ida. Sat urday, of W. J. Hatch and J. H. Doyle agents of the association, charged ith using the mail to defraud. From Boise, Ida, where the agents

were taken after their arrest came he word yesterday that the charges grew out of a letter written by the agents to a resident of Caldwell, Ida. n which they said "You are aware no doubt, that.

w weeks ago the federal mral credit wstem became a law and that since that time the the various commission ers have been appointed and the or engization is now perfected. About we weeks are one of the officers of this company was called to Washington by the commission, and as a result this association has applied for and been granted a charter under that et, and is now under government mervision as a federal foint land nk and practically under the same aws as national banks. Of course, his change now absolutely guaranees to its members that all loans vill be made as promised."

WHEAT SUPPLY OF

WORLD DECREASES Rome, Aug. 20.—The international nstitute of agriculture reports that with harvesting virtually nearly completed in most European countries, in dications are that the 1916 world's wheat supply will be almost 25 per cent less than last year's. It is pointed out, however, that 1915 was a bumper year and that the new crop will be nearly up to the average be tween 1900 and 1913. Harvesting on a large scale is now limited to North America, Great Britain, Russia and Scandinavia

The world's barley crop is estimated at 20 per cent less than last year, although 5 per cent above the average The oats yield is put at 22 per cent less than in 1915, but 15 per cent

RUSSIANS GAIN EAST OF KOVEL

Severe Fighting in Which Toboly Changes Hands Repeatedly-Terrific Battle.

Lordon, Aug. 20 .- Both Petrograd and Berlin in today's official statements regarding the eastern front claim successes in the fighting that has been raging without pause for the last twenty-four hours on the Ctokhod sector between Rudka and Cherwische, about forty miles northeast of Kovel. The Russian war office reports the capture of the Cherwische farm and of the village of Toboly, three miles to the west and on the western bank of the Stokhod. This village was officially reported in Russian hands in yesterday's Petrograd statement, but since has changed hands several times.

elaborate slik skirt in the afternoon, is of black and white dotted velvet. | Berlin, on the other hand, reports a



Since the outbreak of the war 30,000 settlers from the United States have entered Canada.

Clyde (Scotland) members of the Amalgamated Society of Engineers have applied for a wages advance of 4 cents

Women volunteer reserves collecting waste paper for Glasgow Corporation are now a familiar sight in that city.

The total of all industrial accidents in Pennsylvania, fatal and non-fatal, is 121,180 for the first six months of this year, as against 61.65 reported during 1915.

Albert Bellamy, president of the Brit

The city and county of San Mateo, Cal., are now paying laborers \$3 a day for eight hours as the result of agita-tion conducted by the Central Labor

The Royal British Commission on the Civil Service has recommended an in-creased admission of women of all grades to the civil service.

A conference is being arranged by the

British Railway Clerks' Association to consider measures for improving the condition of women clerks on railways

Labor shortage for the harvest in

Canada is thought to be serious. Indus-trial and commercial undertakings may close down for a time to release suf-ficient labor.

Because of the high cost of living

in Manchuria the administration of the Chinese Eastern Rallway has granted to its employees increases in pay of from 15 per cent. to 30 per cent.

Agriculture has approved plans for community associations of farmers who will pool their products and market them under the supervision of State

Pennsylvania State Commission

who number about 2000

ish National Union of Rallwaymen, has been nominated candidate for the gen-eral secretaryship of the union.

bent without cracking

an hour.

Union.

experts.

Argentina has enacted civil-service retirement legislation.

Cyrus H. K. Curtis, probably the richest publisher in the world, was once a newsboy in Portland, Maine. By a new French process aluminum can be so substantially nickel-plated that the metal can be hammered and

Laundry workers in Massachusetts have a minimum weekly wage of \$8. Railroad signalmen have 23 local unions with a total membership of 800. unions with a total membership of 500.

New South Wales, Australia, has Government fisheries.

On September 18-27 at New Orleans, La., International Association of Bridge and Structural Ironworkers will convene.

Montana has an eight-hour day for laborers on irrigation works. Of 2,315,149 agricultural workers in Egypt, 57,144 are women.

British miners in the Black Country have doubled wages since 1888. One-fifth of the tailors employed in

Glasgow (Scotland) bakers demand week and a war bonus of 25 California unionists demand the abolishment of private employment

The British Government is accused of sweating female labor in its muni-

One-third of the French munition workers (150,000) are women and girls. Coal miners in British Columbia demand a 10 per cent increase in pay. Organization has doubled the pay and reduced the hours of work of trackwalkers.

Barcelona, Spain, had nine strikes in May, involving almost 2000 workers. Almost 60 per cent.of Pennsylvania's labor cost is expended in the anthracite field.

Munition workers in Great Britain are fined for laying off without cause. Chattanooga (Tenn.) electrical workers will get the eight-hour day on Janu-ary 1, 1917.

Irish coal heavers on the channel coal steamers struck to enforce a demand for a 25 per cent. increase in pay.

Sunday agricultural labor is strongly favored in many parts of the British

employed a woman to drive the municipal water cart.

City laborers at Milwaukee, Wis., will get a minimum wage of 20 cents an beyond middle life, as the young men fear conscription in England and Scotland. Finchley, North London, Eng., has employed a woman to drive the munici-pal water cart.

The modern system of trades unions in England came into existence about the year 1812.

Portmodve (Wales) Town Council has appointed a woman as tax collector.

A deputation from the Glasgow Labor Party Housing Association waited upon the Secretary for Scotland in Glasgow and urged that the Government should give substantial annual grants, free of interest, to local au-Omaha (Neb.) sheet-metal workers have received an increase in wages of \mathbb{R}_2 cents an hour.

Union barbers at Newark, N. J., are conducting a vigorous organizing cam-

Female labor at Krupp's works at Es-sen, Germany, has increased tenfold since August 1, 1914. Pennsylvania's State Labor Bureau at

Pittsburgh places applicants at an average cost of 45 cents each.

At a meeting of the executive committee of the State Federation of Labor it was voted to favor an amendment to the Constitution to exclude private liability companies from writing compensation in competition with the State fund. Petitions will be circulated for a referendum vote on this question at the fall election.

thorities to build better houses.

The Chilean Government has recently inaugurated a campaign of agricultural education and purposes to send out lecturers in a special railway car to visit periodically the different agricultural regions of the country. The French seamen and miners are obliged cultural regions of agronomy will illustrate by law to make provision for their old their talks by exhibits carried in the Covernment's special museum car and Covernment's special demonstrations in practical demonstrations in also by practical demonstrations working the ground, whenever p

successful Teuton counter-attack in widen the breach. this region, and the capture of six Indirect admission that the town of The German Jabionitza, east of the Carpathian officers and 367 men. war office statement adds that the pass of the same name, has been recombat still continues" and indirect- taken by the Teutons since its capadmits Russian progress by refer- ture by the Russians several days ring to Russian troops "which pushed ago, is contained in today's Petrograd forward on the western bank," though report, which says that the Teutons it is asserted that Muscovite attacks were "driven back to Jablonica and

Veronka (Woronienka), three miles here were repulsed. to the southeast. New Russian Wedge. By the capture of Toboly the Rus-sians have driven a three-mile wedge by Fetrograd twenty-nine miles to the into General von Linsingen's front on east on the river Bialy-Czeremosz, this line and are now endeavoring to near the town of Dol-Hopole

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